

WAIVER FORM

Test Your Metal Competition

Last Name: _____, First Name: _____

Phone Number: _____

Address: _____

E-Mail address: _____

Emergency Contact Name / Relation: _____

Emergency Contact Phone Numbers: _____

The undersigned agrees to abide by all rules of Test Your Metal Competition

The undersigned guest agrees that all use of the facilities, services and programs or competitions / activities inside or outside of the Test Your Metal Competition shall be undertaken at his/her sole risk and that CrossFit Advanced, Christian's Fitness Factory shall not be liable for any injuries, accidents or deaths occurring to participants in the competition arising either directly or indirectly out of utilizing the equipment, facilities, services and programs. The guest for himself/herself and on behalf of his/her executors, administrators, heirs and assigns does hereby expressly release, discharge, waive, relinquish and covenants not to sue CrossFit Advanced, Christian's Fitness Factory it's officers and agents for all use of the Test Your Metal Competition facilities, equipment and services.

The undersigned guest declares that they are physically able to participate in physical activity of any moderation.

Print Name: _____

Signature: _____

Date: _____